

A tool to help you determine whether or not a student is in distress and suggested next steps to follow for both urgent and non urgent situations.

Determine if situation is _____ or _____
. It is _____ if:
Student behaviour is threatening or highly disruptive
The student makes serious threats
The student is incoherent or uncontrollable
Student self harms and/or harms others
The student is making direct or indirect reference to suicide

No, student is not in distress.
No immediate action is required
Monitor the situation
Inform student of counselling services available on campus if needed in the future

Call or bring the student to Counselling Services in R.D Parker Building room P 230, 705.675.6506 (during regular business hours)
Call security services at 705.673.6562
LUCERT at 705.562.5456 (available 24/7)