Messages from Human Resources & Organizational Development (policies, workshops, health and safety, closures, emergencies, etc.).

Messages from the Communications Department (daily announcements, upcoming university activities, emergencies, closures, soapbox, etc.).

Messages from Academic and Administrative Departments (upcoming university activities, available services, workshop, etc.).

Messages from the Registrar (admission, enrollment, exams, scheduling, fees, program and course information, Senate, convocation, etc.).

Messages that are sent by or on behalf of a registered charity (United Way, Movember, the University, etc.), and have as their the raising of funds for the registered charity.

Messages from the Registrar (admission, enrollment, exams, scheduling, fees, program and course information, Senate, student recruitment, convocation, available services, policies, etc.).

Messages from the Communications Department (daily announcements, upcoming university activities, emergencies, closures, soapbox, etc.).

Messages from Academic and Administrative Departments (policies, upcoming university activities, available services, residences, meal plans, workshops, etc.).

Messages that are sent by or on behalf of a registered charity (United Way, Movember, the University, etc.), and have as their the raising of funds for the registered charity.

Messages encouraging the participation and/or donation to a registered Charity.

Messages updating past students on news or events with no commercial component about Laurentian University.